

## Miami Parenting Conference Registration Form

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

EMAIL \_\_\_\_\_

GUEST NAME \_\_\_\_\_

Will your guest attend Conference Sessions?

Yes  No  Some

NUMBER OF CHILDREN AND AGES \_\_\_\_\_

### Registration Fees *(please check all that apply, then total at bottom)*

\_\_\_\_\_ \$20 per Family  
*(price includes 2 caregivers and children 12 and under)*  
\_\_\_\_\_ \$6 for each additional child over 12

### Lunch provided by Crepe Maker

*\*\*20% of sales go to support La Leche League of Miami-Dade  
(Go online for detailed ingredients: [www.crepemaker.com](http://www.crepemaker.com))*

### \$5 Entree crepes

\_\_\_\_\_ Caesar Chicken (mozzarella, portabella etc)  
\_\_\_\_\_ Opulence (chicken, artichoke, portabella,  
hearts of palms, mozzarella)  
\_\_\_\_\_ Queen of Hearts Vegi  
(artichokes, hearts of palms, portabella, mozzarella)  
\_\_\_\_\_ Mustard Chicken (cheddar, tomatoes etc)

### \$4 Dessert crepes

\_\_\_\_\_ Triple Treat (nutella, bananas, strawberries)  
\_\_\_\_\_ Black and White (nutella, bananas)  
\_\_\_\_\_ Red and Black (nutella, strawberries)  
\_\_\_\_\_ Strawberries Nouveau (dulce de Leche)  
\_\_\_\_\_ Dulce Treat (bananas and strawberries)  
\_\_\_\_\_ Pure Pleasure (dulce de leche, bananas)

Total Fees and Lunch \$ \_\_\_\_\_

### Session Choices

Please number your session choice by preference 1, 2, 3, 4.

*Note: All sessions are subject to change.*

#### Session 1: 10:30 am - 12 pm

Adult Guest

\_\_\_\_\_ 101 Mother Baby Dance  
\_\_\_\_\_ 102 Infant Behavior  
\_\_\_\_\_ 103 Art with your Toddler  
\_\_\_\_\_ 104 LACtivism!  
\_\_\_\_\_ L1 Swaddling & Babywearing  
\_\_\_\_\_ L2 VBAC Roundtable

#### Session 2: 1 pm - 2:30 pm

\_\_\_\_\_ 201e Breastfeeding Basics  
\_\_\_\_\_ 201s *Conceptos Básicos de Amamantar*  
\_\_\_\_\_ 202 Infant Massage  
\_\_\_\_\_ 203 Educational philosophy  
\_\_\_\_\_ 204 Un-tying the Pink Ribbon

#### Session 3: 2:45 pm - 4:15 pm

\_\_\_\_\_ 301 Chiropractic Care for Children  
\_\_\_\_\_ 302 Nourishing Our Children  
\_\_\_\_\_ 303e Conscious Discipline®  
\_\_\_\_\_ 303s *Disciplina Consciente*®  
\_\_\_\_\_ 304 Nighttime Parenting

#### Electronic Registration

Download pdf registration form & make payment online at [www.LLLMiamiDade.org](http://www.LLLMiamiDade.org) (Paypal). Complete pdf and email to [registration@LLLMiamiDade.org](mailto:registration@LLLMiamiDade.org)

#### Conventional Registration

Mail Registration Form and Fee to:  
La Leche League Miami-Dade, C/O Tiffany Pfeiffer  
9916 Sw 193 Street, Cutler Bay, FL 33157  
Or take the form and payment to any of our meetings.

*Make checks payable to La Leche League Sunshine State.  
Registrations are completed upon payment clearing.*

LA LECHE LEAGUE IS NOT NECESSARILY IN AGREEMENT OR RESPONSIBLE FOR THE STATEMENTS MADE BY THE SPEAKERS AND VENDORS.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLLFREE (800)435-7352 WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.

La Leche League of Miami-Dade County  
presents



## Breastfeeding and Beyond! Saturday, March 26, 2011

9:30 am - 5:00 pm at La Scuola  
13301 SW 87<sup>TH</sup> Ave, Miami, FL 33176

### Amazing Speakers

### Lunch by the Crepe Maker

### Great Vendors

### Children's Play Area

**Only \$20 per family  
(lunch not included)**

**305-609-8502**

***¡Este año en Español también!***



La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing support, encouragement, information and education to women who choose to breastfeed.

## Conference Events Schedule

9:30 am Registration Begins. Family MaLLL and LLL raffle opens. Come early!

### 10:30 am - 12:00 pm Session 1

**101 The Mother Baby Dance** From home birth to Cesarean in a hospital setting, a preemie baby to one who is two weeks over due, learn how you can be an advocate for your baby in every birthing situation. *Racheli Vidal, IBCLC, LLL Leader \* Habla español*

**102 Infant Behavior** How to read your baby's cues. Your baby is talking. Learn how to listen, understand, and respond. *Heidi Agostinho, Ph.D., IBCLC*

**103 Art with your Toddler** Why all the mess? Toddlers need to experiment to learn and understand their surroundings. Get ideas and recipes for fun projects to enjoy with your child. *Morgan Chesonis-Gonzalez*

**104 LACtivism!** Know your rights as a breastfeeding mother. Learn strategies and share stories about breastfeeding in public. What are your rights and how do you exercise them as a POWERful woman? *Jamarah Amani and Debra St. Fleur from Power U Center for Social Change.*

### 11:30 am - 2 pm The Crepe Maker Serves Lunch!

#### 12 am - 1 pm Lunchtime talks

**L1 Swaddling & Babywearing** Learn why babies are calmer and mothers are healthier when babywearing is practiced. Try 5 types of carriers & bring your own! *Amanda Bradley, MamaKanga \* Habla español*

**L2 VBAC Roundtable** Vaginal Birth after a Cesarean. Mothers share their stories and discuss new ACOG recommendations. *Kristin Jayd, IBCLC, LLL Leader and Mayte Manresa, IBCLC \* Habla español*

*Special Thanks to:*



### 1:00 pm - 2:30 pm Session 2

**201e Breastfeeding Basics: Myths & Misconceptions** Getting ready for baby, getting to know your baby. What to expect the first week postpartum, at six months, and beyond. *Merritt James, MA, IBCLC*

**201s Los Conceptos Básicos de Amamantar: Auxilio, mi bebe no se llena!!** Un recorrido a traves de nuestra maravillosa maquinaria, respondiendo a esta angustiante duda en las madres, descubriendo nuestro bebe, su primera semana de vida y como lograr una lactancia exitosa y un bebe satisfecho y "lleno". *Lizbeth Gonzalez, MD, IBCLC*

**202 Infant Massage** Learn the important benefits of touch and basic massage techniques. *Amy Olen, LM, CEIM, Our Olive Branch*

**203 Educational Philosophy Panel Discussion** Waldorf, Reggio-Emilia, homeschooling, un-schooling... What does it all mean? Explore alternative educational philosophies in a world of choices. *Mayte Manresa, MA.ed, Yvonne Cumming, Jennie Rodriguez & Nadine Tanis*

**204 Un-tying the Pink Ribbon – The Breastfeeding and Cancer Connection** Can breastfeeding positively impact Cancer rates for mothers and babies? *Dora Escobedo, ARNP*

#### 11am - 3pm Injury Free Mobile - Courtyard

Take a tour of the Injury Free Mobile, learn guidelines for home and water safety and receive a free safety item! (20 mins)

#### 9:30am - 4:45pm Developmental Screenings

Visit University of Miami Child Development Specialists for free & confidential developmental screenings for children four months and older

*Presented by:*



[www.hscmd.org](http://www.hscmd.org)

### 2:45 pm - 4:15 pm Session 3

**301 Chiropractic Care for Children** Learn how gentle chiropractic adjustments can benefit babies and children increasing comfort, and the ability to sleep and nurse. *Serena Sara, D.C., Serena Sara Chiropractic Center*

**302 Nourishing Our Children** (NOTE: 2 hour session) An introduction to nutrient-dense foods for optimum health for the whole family. *Dr. Paola Weber, BM Organics*

**303e Conscious Discipline®** Interactive introduction will discuss traditional and conscious ways of living/disciplining. Learn the difference between punishment and discipline and understand the importance of connection. Get helpful tools for effective parenting. *Mindy Becker, Auntie M's Grow with Us*

**303s Disciplina Consciente®** Introducción interactiva a la crianza de los hijos tradicionales y conscientes; diferentes maneras de vivir y disciplinar; ideas efectivas para criar y la diferencia entre el castigo y la disciplina. *La persona a cargo de dicha presentación se anunciará.*

**304 Nighttime Parenting: Safe Sleep and the Breastfeeding Family.** A new baby does not mean you say good-bye to sleep forever. Learn how to make the most of nighttime parenting with an awareness of SIDS risks and myths. *Pam Mazzella DiBosco, IBCLC*

#### Throughout the day

Shop in the Family MaLLL & try your luck with the LLL raffle. \$1 each or 6 tickets for \$5. All proceeds support your Miami-Dade LLL Chapter. Raffle Winners will be posted at 3:00pm. Be sure to stop by the registration table to receive your prize!

**Go online [www.LLLMiamiDade.org](http://www.LLLMiamiDade.org) to read more about our speakers and vendors.**